



**GREAT
AMERICAN
BACKYARD
CAMPOUT™**

NATIONAL WILDLIFE FEDERATION®

Loud Campfire Songs: Shake Your Sillies Out, Ten Horse Rode Into Town, The Grand Old Duke of York

Shake My Sillies Out

I've gotta shake, shake, shake my sillies out,
Shake, shake, shake my sillies out,
Shake, shake, shake my sillies out,
And wiggle my waggles away!

I've gotta clap, clap, clap my crazies out...
I've gotta jump, jump, jump my jiggles out...
I've gotta yawn, yawn, yawn my sleepies out...
I've gotta shake, shake, shake my sillies out...

Ten Horses Rode Into Town

Ten horses rode into town.
Five were black, five were brown.
They rode up, they rode down.
Then they all rode out of town.

(Start very loud and on the last version just use your lips)

The Grand Old Duke of York

The grand old duke of York
He had ten thousand men
He marched them up to the top of the hill
And he marched them down again
And when they were up they were up
And when they were down they were down
And when they were only half-way up
They were neither up nor down!

Actions: Every time you sing the word "up", stand up. When you sing the word "down", sit or crouch down. On "half-way up", stand up with knees bent. Repeat the song a number of times, getting faster.



Be out there.