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DVD AND DIGITAL

PG ACTION AND SOME IMPOLITE HUMOR

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OUTDOOR ACTIVITIES FOR KIDS AND FAMILIES

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DORA AND THE LOST CITY OF GOLD

AVAILABLE NOW ON BLU-RAY, DVD AND DIGITAL

The National Wildlife Federation is teaming up with Paramount Pictures and Walden Media for *Dora and the Lost City of Gold* to encourage kids and families to go outdoors and explore nature!

Having spent most of her life exploring the jungle with her parents, nothing could prepare Dora (Isabela Moner) for her most dangerous adventure ever – High School. Always the explorer, Dora quickly finds herself leading Boots (her best friend, a monkey), Diego (Jeff Wahlberg), a mysterious jungle inhabitant (Eugenio Derbez), and a rag tag group of teens on a live-action adventure to save her parents (Eva Longoria, Michael Peña) and solve the impossible mystery behind a lost city of gold.

BE AN OUTDOOR EXPLORER LIKE DORA!
¡EXPLORA AL AIRE LIBRE COMO DORA!

This guide, designed for use with the film *Dora and the Lost City of Gold*, will help and your family build your explorer skills and discover nature everywhere you go.

Note to Educators: The activities are easily adapted for formal and non-formal settings for grades 3-5, with extensions for younger and older students. These activities meet national standards for Science, English/Language Arts, Science, Social Studies, and Visual Arts.

FUN THINGS TO DO:

1. MAKE A MAP!
2. WHAT'S YOUR TRAIL SIGN?
3. GO ON A SCAVENGER HUNT.
4. TRY STAR GAZING!
5. DORA KNOWS BOOTS AND SWIPER AND ALL ABOUT AMAZING ANIMALS.
6. DRAW A FOX.
7. PLAN A GREEN HOUR!

(ANSWERS AND CREDITS AT THE END.)

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MAKE A MAP!

DORA AND HER PARENTS ARE MAKING A MAP TO FIND THE LOST CITY OF GOLD, PARAPATA.

You can make your own map and show the way to your favorite outdoor spot. Then, see if parents and friends can follow your map to find you there!

1. Choose your favorite outdoor place. It could be in your yard, neighborhood or local park.
2. On any size piece of paper, draw the path you follow to get there.
3. Add landmarks to your map, such as an unusual tree, a big rock, road or other things to show they are headed in the right direction.
4. You can even use a compass to add directions (north, south, east, west).

BONUS: Add your trail sign to your map! (Instructions provided on next page.)

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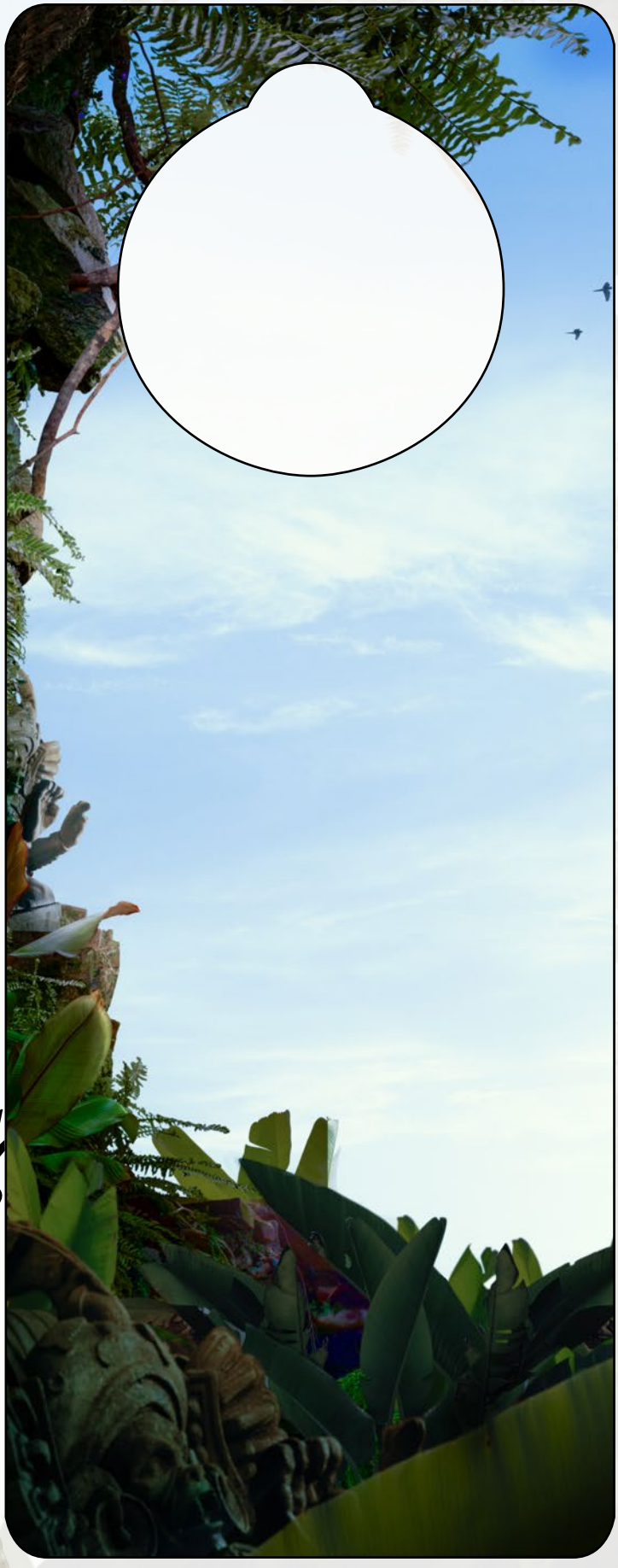
WHAT'S YOUR TRAIL SIGN?

DORA AND HER PARENTS HAVE A SECRET TRAIL SIGN TO MARK THEIR PATH.

Some nature trails have posted signs to tell you which way to go. But you can make your own trail signs. Try it out in your backyard, a nearby park, or other familiar areas.

What would you draw to make your own trail sign?

DRAW IT HERE ▸



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DORA, DIEGO, BOOTS AND HER NEW FRIENDS FROM HIGH SCHOOL GO ON A SCAVENGER HUNT.

TRY TO FIND EACH OF THE ITEMS LISTED BELOW BY YOURSELF OR WITH A GROUP OF FRIENDS IN YOUR OWN BACKYARD JUNGLE!

If the item has the word "describe and note location" next to it, write where you found the item, but do not remove it.

A blade of grass longer than your index finger (collect)	An acorn cap (collect)	A leaf on the ground (collect)	A pine cone (collect)
A few pine needles (collect)	A twig longer than your thumb (collect)	Moss on the side of a building (describe and note location)	Fungi (describe and note location)
Signs of a spider or a spider itself (describe and note location)	An ant hill (describe and note location)	Plants or insects in a sidewalk crack (describe and note location)	Signs of birds or birds themselves (describe and note location)
Signs of amphibians or reptiles or the animals themselves (describe and note location)	Signs of mice, squirrels or other small animals or the animals themselves (describe and note location)	Signs of larger mammals or the mammals themselves (describe and note location)	Two different kinds of seeds (collect)

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DORA KNOWS ALL ABOUT THE NIGHT SKY AND CONSTELLATIONS.

DID YOU KNOW THAT, ON ANY GIVEN NIGHT, YOU CAN SPOT ANIMALS AMONG THE STARS? WE'RE TALKING ABOUT THE CONSTELLATIONS, THE SHAPES FORMED BY STARS WHEN YOU "CONNECT THE DOTS".

TRY STARGAZING! The Big Dipper is the most famous group of stars, and an easy one to spot. You can see it in the northern sky on almost any clear night, from anywhere in North America. It is part of a larger constellation called Ursa Major (The Great Bear). The Great Bear is one of the oldest constellations, or "star pictures." On many nights, the Big Dipper is the only visible part of the Great Bear -- the rest of the stars either are too faint, or have ducked below the horizon and out of view.

CONSTELLATIONS have a rich ancient history and reflect the contributions of many different civilizations. But common to all of them were the shapes they saw in the night sky. Many of these shapes were -- and still are -- animals.

- Native Americans in California saw a flock of seven geese.
- The Aztecs saw a jaguar.

Of course, you can still look up at the sky and find shapes and stories of your own. What do you see?

CAN YOU FIND ANY OF THESE ANIMAL CONSTELLATIONS? OF COURSE, YOU CAN STILL LOOK UP AT THE SKY AND FIND SHAPES AND STORIES OF YOUR OWN. WHAT DO YOU SEE? CAN YOU FIND ANY OF THESE ANIMAL CONSTELLATIONS?

Big Dog	Dove	Horse	Scorpion
Bull	Eagle	Jaguar	Swan
Chameleon	Fish	Lion	Swordfish
Crab	Fox	Lizard	Toucan
Crane	Giraffe	Lynx	Whale
Crow	Goat	Peacock	Wolf

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DORA KNOWS BOOTS AND SWIPER AND ALL ABOUT AMAZING ANIMALS

HAVING SPENT MOST OF HER LIFE EXPLORING THE JUNGLE WITH HER PARENTS, DORA KNOWS A LOT ABOUT NATURE AND THE ANIMALS THAT LIVE THERE.

Find each of the words below in the search box. Then you will learn what animals she and her friends encounter on their adventure.

Ant	Fox	Monkey	Snake
Butterfly	Eagle	Frog	Spider
Crocodile	Jaguar	Scorpion	Bat

C R Y S R A K F N S
Y R E E Z A X A C A
K F O D K C U O K N
F V X C I N R G F T
S K Y C O P O U A A
N E Q G I D S M P J
A M L O O A I I M T
K U N G N R R L A B
E Z T K A L F B E W
T Y L F R E T T U B

BONUS: Can you match the word in English with word in Spanish below? If so, fantástico!

Hormiga	Mariposa	Escorpión	Cocodrilo
Zorro	Araña	Murciélago	Mono
Serpiente	Jaguar	Arpía	Rana

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DORA CONOCE A BOOTS Y SWIPER, Y SABE TODO SOBRE ANIMALES ASOMBROSOS.

DESPUÉS DE PASAR LA MAYOR PARTE DE SU VIDA EXPLORANDO LA SELVA CON SUS PADRES, DORA SABE MUCHO SOBRE LA NATURALEZA Y LOS ANIMALES QUE ALLÍ VIVEN.

Localiza cada una de las palabras a continuación en el cuadro de búsqueda. Así descubrirás los animales que Dora y sus amigos encuentran durante su aventura.

Hormiga	**Mariposa**	**Escorpión**	**Cocodrilo**
Zorro	**Araña**	**Murciélago**	**Mono**
Serpiente	**Jaguar**	**Arpía**	**Rana**

C O C O D R I L O U
A X U S S O R R O Z
I V V D E P I Z N X
P W H O R M I G A K
R N O I P R O C S E
A S O P I R A M O J
O G A L E I C R U M
R S V V N A O N O M
K F X G T R A N A T
K J X R E A N A R A

EXTRA: ¿Puedes emparejar la palabra en español con la palabra en inglés que encontrarás a continuación? Si es así, ¡fantástico!

Ant	**Fox**	**Monkey**	**Snake**
Butterfly	**Eagle**	**Frog**	**Spider**
Crocodile	**Jaguar**	**Scorpion**	**Bat**

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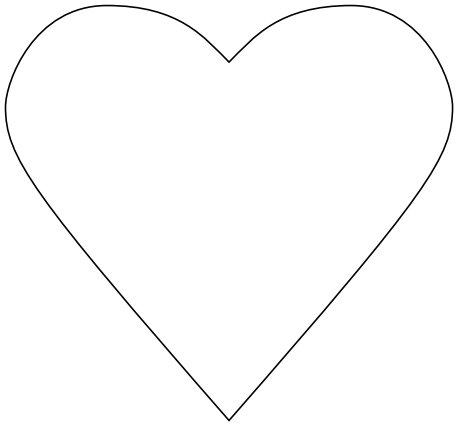
SWIPER IS A CLEVER FOX CHARACTER IN DORA'S ADVENTURES.

There are 12 different kinds of foxes living in many parts of the world, but red foxes are found in more places than any other. The red fox is at home in leafy woods, on a frozen tundra—even in a big city in the middle of summer! And they seem to thrive in all kinds of weather. You could call them the anytime, anywhere foxes.

HERE'S HOW TO DRAW A FOX:

1.



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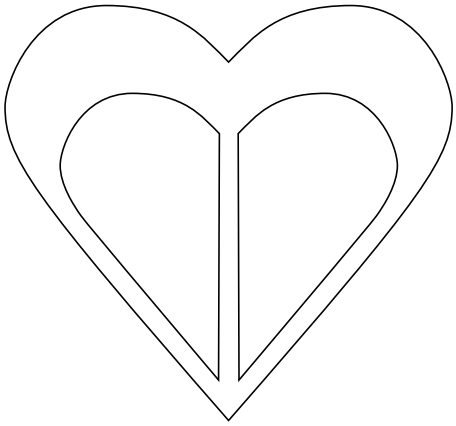

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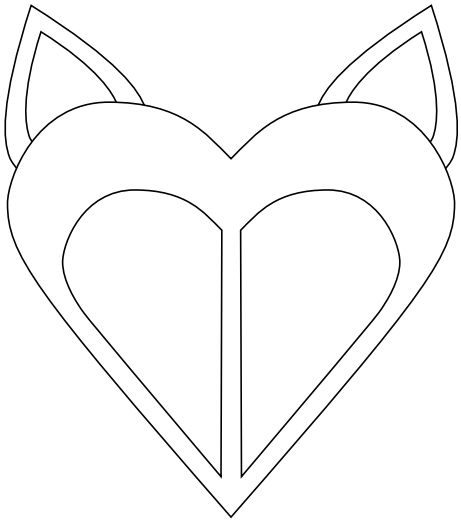

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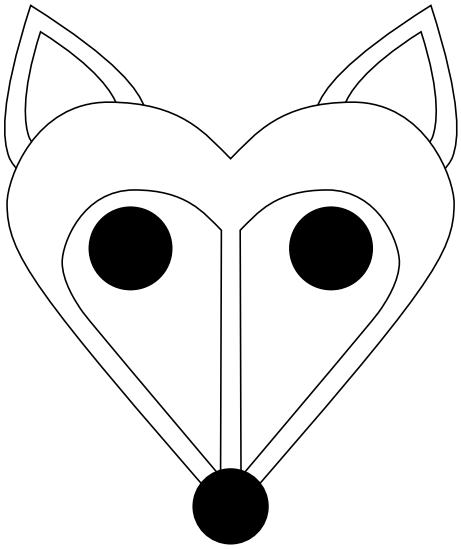

BONUS: DRAW A MASK ON THE FOX TO LOOK LIKE SWIPER!

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PLAN A GREEN HOUR! YOU DON'T HAVE TO GROW UP IN THE JUNGLE LIKE DORA TO BE AN OUTDOOR EXPLORER AND LEARN ABOUT WILDLIFE. WHETHER YOU GO TO A PARK IN THE CITY, WILDERNESS OR YOUR BACKYARD, YOU CAN HAVE A GREAT TIME IN THE GREAT OUTDOORS.

HERE ARE JUST A FEW OF THE FUN THINGS YOU COULD DO:

- **Get active.** Hike a trail, fly a kite, float leaf boats down a stream, skip a stone across a pond, roll down a hill, climb a tree, play hide-and-seek in the tall grass, or build a fort.
- **Look for wildlife.** Use binoculars to spot birds, roll over a log to find insects and worms, sit still and study squirrels or rabbits or other mammals, scoop up some pond water and zoom in close, or enjoy the light show when the fireflies come out at night.
- **Camp out.** Set up a tent and sleep under the stars.
- **Watch clouds.** Lie down in the grass and watch the clouds in the sky!
- **Plant a garden.** Grow native plants to help birds, bees, and butterflies.

GO OUTSIDE AND PLAY—AN HOUR A DAY!

Playing outside is cool and fun! Next time you're bored, think about the cool things you can do outdoors.

❑ YES, I PLEDGE IS TO TRY TO SPEND AN HOUR PER DAY OUTDOORS TO EXPLORE NATURE LIKE DORA!

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HEY PARENTS! THE NATIONAL WILDLIFE FEDERATION'S GREEN HOUR PROGRAM IS DESIGNED TO ENCOURAGE, PARENTS, SCHOOLS, CHILDCARE CENTERS, PARK AGENCIES, CAMPS, GRANDPARENTS, AND OTHERS TO ADOPT A GOAL OF AN HOUR PER DAY OF TIME FOR CHILDREN TO PLAY AND LEARN OUTDOORS IN NATURE.

MAKE THE GREEN HOUR pledge as a family to try to spend an hour per day outdoors to explore nature like Dora!

Did you know that NWF's Green Hour commitment comes from research on creative play and health by the Centers for Disease Control and the Academy of America Pediatrics?

A GREEN HOUR EVERYDAY HAS SO MANY BENEFITS, INCLUDING:

- **Better school performance.** Time spent in nature and increased fitness improve cognitive function.
- **More creativity.** Outdoor play uses and nurtures the imagination.
- **Much higher levels of fitness**. Kids are more active when they are outdoors.
- **Less depression and hyperactivity.** Time in nature is soothing, improves mood and reduces stress. It can also increase kids' attention span, because things move at a slower pace than they do on the screen.
- **Improved eyesight.** Time spent outdoors can help combat increasing diagnoses of nearsightedness.
- **Better sleep.** Exposure to natural light, and lots of physical activity, help reset a child's natural sleep rhythms.
- **Longer lifespan.** Active kids are more likely to grow into active adults.

Look at your child's list of fun things to do and click here to visit the National Wildlife Federation's Green Hour page for reasons why it's so important to go outside and to find more fun activities to do once you start exploring like Dora's family!

ENGLISH ANSWERS

SPANISH ANSWERS

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