



ECHO
EARLY CHILDHOOD HEALTH OUTDOORS



ECHO Training Opportunities

Are you looking for new ways to enhance or use your outdoor spaces at your child care facility? ECHO offers a variety of training opportunities for early childhood professionals, directors, child care health consultants, and family child care providers. The training menu below is a sampling of the training we are able to offer. To request a training or if you have specific training needs, please reach out to the ECHO team at echo@nwf.org.

Outdoor Learning Environment Design Guidance

Design Workshop

In this 6.5-hour interactive workshop, programs will learn about the Best Practice Indicators of the Preventing Obesity by Design Model and ways they can create an outdoor learning environment that not only engages children but leads to positive cognitive and physical benefits. Participants will collaborate with landscape design experts to design an outdoor learning environment they can implement in their program.

Design Clinic: Intensive

In this 2-hour interactive workshop, programs will learn about Best Practices in outdoor learning environments. They will also work with landscape design experts to begin to re-imagine outdoor spaces to promote positive physical, social, and cognitive benefits for children.

Designing & Activating Your Outdoor Space for Nature Play & Learning

Educators often spend hours ensuring the indoor classroom is engaging and enriching for young children. However, what about outdoor spaces at child care facilities? Often overlooked, outdoor learning environments can offer various learning and activity settings that have positive outcomes for children. In this interactive workshop, participants will learn about best practices in outdoor learning environments, why “green is good,” and identify one way they can begin to re-imagine their outdoor spaces.

