Seed Starting Guide: DIY Cardboard Roll

Materials:
- Cardboard roll (paper towel, toilet paper, wrapping paper roll)
- Scissors
- String or tape
- Tray for pots
- Potting soil
- Seeds of choice
- Water

Instructions
1. Prepare the cardboard rolls by cutting 1 to 1.5 inch cuts around one end of the roll. Fold the cuts toward the center.
2. Using string or tape, secure the bottom of the roll to create a pot. Place the pots on a tray.
3. Fill each cup halfway with potting soil or a seed starting soil mix.
4. Add 2-3 seeds to each cup and cover with soil.
5. Water each cup (just enough to keep each seed moist).
6. Check on each cup daily and water as needed.
7. Transplanting - you can begin to move seedlings to your garden once roots begin to grow! You can place the cardboard roll directly in your garden (it will eventually biodegrade) or cut the roll and plant your seedling.

Photo Credit: https://www.thespruce.com/toilet-paper-rolls-for-seed-starting-259798