Seed Starting Guide: DIY Muffin Tray

Materials:
- Muffin pan/tray and liners
- Scissors
- Potting soil
- Seeds of choice
- Water

Instructions

1. Prepare the muffin liners by poking a small hole at the bottom of each to allow drainage of water. Place a liner in each tray cup.
2. Fill each cup halfway with potting soil or a seed starting soil mix.
3. Add 2-3 seeds to each cup and cover with soil - make sure to check the seed packet to know how deep the seeds should be planted!
4. Water each cup (just enough to keep each seed moist).
5. Check on each cup daily and water as needed.
6. Transplanting - you can begin to move seedlings to your garden once roots begin to grow!

Photo Credit: https://www.sadieseasongoods.com/upcycled-herb-garden-muffin-pans/