



# Sample Sustainable Food Action Plan



What is the issue?	What action will we take?	Who will do it?	When will it be done?	How will we monitor progress?	How will we know if we succeeded?	What will it cost?
The school cafeteria serves many highly processed, unhealthy choices for breakfast and lunch.	Raise awareness about the value of healthy food at school. Work to incorporate more healthful, fresh meal options in cafeteria meals.	The Eco-Action team will work with the school administration, cafeteria staff and district nutritional staff.	The Eco-Action team will create committees and develop a timeline to include: A. Discuss proposals with school administration to gain support. B. Create a materials list including costs. C. Contact internal or external experts to assist in project implementation. D. Set dates for awareness campaigns. E. Plan a tasting party for new foods. F. Set dates for phases of project completion G. Schedule blogs/newsletter articles, etc. H. Send thank-you notes to expert helpers.	<ol style="list-style-type: none"> <li>1. Check with committees on progress toward their goals and target completion dates.</li> <li>2. Interview students and staff regarding campaign.</li> <li>3. Evaluate whether we have healthy choices that are fresh and local when possible, in and out of the cafeteria.</li> <li>4. Provide a survey on our Eco-Action team website and ask people at school and in the community for project feedback.</li> </ol>	<ol style="list-style-type: none"> <li>1. We will meet the goals set in our timelines.</li> <li>2. We will get positive feedback from surveys and interviews.</li> <li>3. We will do a follow-up audit and it will show that we've made improvements since our original audit.</li> <li>4. Students and staff will know more about healthy food and where their food comes from, and they'll be making better choices about what they eat and feeling good about it!</li> </ol>	Unprocessed, fresh, local, foods may cost more initially. They will require more time to prepare. However, we may also save money by having less packaging to dispose of. We will apply for a grant through the Farm to School program to help cover initial expenses.
Our school's vending machines do not offer healthy choices.	Raise awareness about healthy snack choices and work to change vending options.	The Eco-Action team will approach the food vendor to find out what other options are available.				
We want to reduce our food miles by sourcing fruits and vegetables from local farms as much as possible.	Implement a Farm to School program.	The Eco-Action team will ask for guidance from our state's Farm to School program and will work with school administrators and food service personnel to start the program.				